JÖNKÖPING UNIVERSITY
School of Health and Welfare

PROGRAMME SYLLABUS

Master of Science (120 credits) with a major in Occupational Therapy, 120 credits

Masterprogram i arbetsterapi, 120 högskolepoäng

Programme Code:	HAAR7	Programmestart:	Autumn 2027
Confirmed:	May 26, 2026	Education Cycle:	Second-cycle level

Title of Qualification

Degree of Master of Science (120 credits) with a major in Occupational Therapy

Filosofie masterexamen med huvudområdet arbetsterapi

Programme Overview

Scope

The educational programme addresses students who want to achieve a degree of Master ofScience with amajor in Occupational Therapy. The programme is organised at second-cycle leveland comprises 120 credits.One year of studies at 50% study pace consisting of 40 weeks willearn 30 credits, whereby 0.75 creditscorrespond on average to one week's studies of at least 20 hours. One year of studies at 100% study pace consisting of 40 weeks will earn 60 credits, whereby 1.5credits correspond on average to one week's studies of at least 40 hours.

The web-based programme is conducted and examined in English and is designed to ensure that theparticipants expand their key skills in relation to their discipline and professional development during theirstudies. Each course is assessed separately using a range of assessment methods including oralpresentations, reports, projects and written examinations. In a single course one of these methods, or acombination of them, may be used.

Examinations may be carried out individually or in groups. Detailed criteria for grading of examinations are described in each course syllabus. Graduates from this programme will achieve theoretical knowledge in order to provide best practice based on evidence.

Teaching and learning philosophy

The School of Health and Welfare's teaching and learning philosophy allows the individual to freely pursueknowledge and take responsibility for their own learning and personal development. The school aims toequip the individual with the tools needed to contribute to the development of our changing society.

According to the teaching and learning philosophy:
- the learning environment encourages students to actively pursue knowledge and takeresponsibility fortheirown learning
- learning processes and modes of assessment contribute to the development of criticalthinkingandproblem-solving skills and promote in-depth learning and understanding
- learning processes promote the development of a professional attitude in interactions withcareseekers/patients/clients/users and other professions
- a scholarly approach is an integral part of learning
- clinical placements allow students to observe, analyse, refl ect, and gain professional experienceand skills.

In practice, the philosophy means that the programmes at the School of Health and Welfare use teaching and learning methods that facilitate the students' learning. Courses must be evaluated on a regular basis, and the results of the evaluations must be considered when preparingprogramme and course syllabi and deciding on teaching and learning methods and modes ofassessment. The students should take part in this work. The school's management is responsiblefor regularly reviewing the teaching and learning philosophy.

Main field of study

Occupational Therapy is grounded in knowledge about humans' everyday activities in relation to participation, health, and well-being. It is situated within the health and humanistic-social science domains. Knowledge development in this field occurs through close collaboration with occupational science, health and care sciences, human sciences, technology and other related disciplines. The field encompasses both basic and applied research. Basic research explores how personal and environmental factors influence occupational performance och opportunities to engage in activities in daily life, as well as how these factors promote health.Applied research focuses on how occupation-based interventions can promote health, reduce the impact of illness and occupational deprivation, and support (re)habilitation. Theoretical frameworks and practice models guide professional reasoning, ethical decision-making, and evidence-based practice. Together, these provide the theoretical and practical foundations for implementing occupational therapy interventions.

Objectives

General objectives

According to the Swedish Higher Education Act (SFS 1992:1434, with later revisions), education at second-cycle level shall be based fundamentally on the knowledge acquired by students during first-cycle courses and study programmes, or its equivalent. Second-cycle courses and study programmes shall involve the acquisition of specialist knowledge, competence and skills in relation to first- cycle courses and study programmes, and in addition to the requirements for first-cycle courses and study programmes, shall:

- further develop the ability of students to integrate and make autonomous use of their knowledge,

- develop the students' ability to deal with complex phenomena, issues and situations, and

- develop the students' potential for professional activities that demand considerable autonomy, or for research and development work.

General learning outcomes for a Degree of Master

Aims stated in the Swedish Higher Education Act (SFS 1992:1434 with later revisions) declare that the student who has completed the study programme leading to a Master of Science in accordance with the Degree Ordinance (Appendix 2, Higher Education Ordinance SFS 1993:100, with later revisions) should have:

Knowledge and understanding

- demonstrate knowledge and understanding in the main field of study, including both broad knowledge of the field and a considerable degree of specialised knowledge in certain areas of the field as well as insight into current research and development work, and

- demonstrate specialised methodological knowledge in the main field of study.

Skills and ability

- demonstrate the ability to critically and systematically integrate knowledge and analyse, assess and deal with complex phenomena, issues and situations in their main field,

- demonstrate the ability to identify and formulate issues critically, autonomously and creatively as well as to plan and, using appropriate methods, undertake advanced tasks within predetermined time frames and so contribute to the formation of knowledge as well as the ability to evaluate this work,

- demonstrate the ability in speech and writing both nationally and internationally to clearly report and discuss their conclusions and the knowledge and arguments on which they are based in dialogue with different audiences, and

- demonstrate the skills required for participation in research and development work or autonomous employment in some other qualified capacity.

Judgement and approach

- demonstrate the ability to make assessments in the main field of study informed by relevant disciplinary, social and ethical issues and also to demonstrate awareness of ethical aspects of research and development work,

- demonstrate insight into the possibilities and limitations of research, its role in society and the responsibility of the individual for how it is used, and

- demonstrate the ability to identify the personal need of further knowledge and take responsibility for their ongoing learning.

Independent project

A requirement for the award of a Degree of Master (120 credits) is completion by the student of anindependent project (degree project) for at least 30 credits in the main fi eld of study. Thedegree project may comprise two independent projects in occupational therapy for at least 15 credits eachor one independent project in occupational therapy for 30 credits.

Programme-specific learning outcomes

In addition to the learning outcomes for a Degree of Master according to the Swedish Higher Education Ordinance (Appendix 2, SFS 1993:100, with later revisions), the Master of Science programme (120 credits) with a major in Occupational Therapy at Jönköping University has the following learning outcomes:

Knowledge and understanding in order to

- demonstrate knowledge and ability to argue for how intersectional and socio-cultural factors affect peoples' health from an occupational perspective,

- critically review different practices of occupational therapy, and

- explain and value the consequences of the different ways of organising and leading occupational therapy as well as development work in different contexts.

Skills and ability in order to

- constructively discuss and argue for theory and evidence, both in speech and in writing, in national as well as international contexts,

- independently, critically, and creatively organise development work in occupational therapy,

- plan and create conditions for developing skills and abilities of individuals and groups to handle processes of improvement and development, and

- plan and create conditions for collaboration between teams in improvements and developments within occupational therapy.

Judgement and approach in order to

- be committed to disseminate research findings and engage in dialogue with a wider research community,

- reflect on and evaluate one's own communicative ability and limitations in culturally diverse and international contexts, and

- reflect on and value the importance of multicultural diversity to occupational therapy practice.

Contents

Programme structure

The programme is split into courses (see below). The fi rst course is a research-methodology course followedby in-depth studies in the main subject.

At the end of the programme, the student must complete two independent projects (Theses) worth at least15 credits each. The independent projects should be performed individually.

A Master of Science (120 credits) is obtained after the student has successfully completed courserequirements in the main fi eld of studies.

At 50% study pace, courses are taken in the order they are presented in the programme overview below. At100% study pace, courses are taken simultaneously in the following order: Semesters 1 and 3, Semesters 2and 4, Semesters 5 and 7, and Semesters 6 and 8.

Courses

Course changes can occur, as long as they do not substantially affect the programme's content and learning goals.

Mandatory Courses

Semester	Course Name	Credits	Main field of study	Specialised in	Course Code
1	Theory of Science and Scientific Method	15	Occupational Therapy	A1N	HTSR23
2	Introduction to Artificial Intelligence in Health and Welfare: Fundamentals and Applications	7.5	Biomedical Laboratory Science, Nursing, Occupational Therapy, Social Work	A1F	H2ITAI
2	Occupational Therapy, Theory I	7.5	Occupational Therapy	A1N	HA1R26
3	An Occupational Perspective of Health I	7.5	Occupational Therapy	A1N	HA1R22
3	Occupational Therapy, Evidence-based Practice I	7.5	Occupational Therapy	A1N	HE1R23
4	Occupational Therapy, Thesis I	15	Occupational Therapy	A1E	HO1T27
5	An Occupational Perspective of Health II	7.5	Occupational Therapy	A1F	HA2S21
5	Co-production in Health and Welfare	7.5	Quality Improvement and Leadership within Health and Welfare	A1N	HCPR22
6	Occupational Therapy, Theory and Evidence-based Practice II	15	Occupational Therapy	A1F	HO2S20
7	Research Design, Strategies, and Ethics	7.5	Occupational Therapy	A1N	HFER23
7	Team Collaboration in Changing Organisations	7.5	Quality Improvement and Leadership within Health and Welfare	A1N	HTCR20
8	Occupational Therapy, Thesis II	15	Occupational Therapy	A2E	HO2V21

Entry Requirements

The applicant must hold the minimum of a Bachelor´s degree in Occupational Therapy, (i.e. the equivalent of 180 ECTS credits at an accredited university) or the equivalent. Proof of English proficiency is required.

Continuation Requirements

Specific requirements for continuing studies in the programme are described in each course syllabus.

Qualification Requirements

To be awarded the Master of Science (120 credits) with a major in Occupational therapy, the student must complete the course requirements of at least 120 credits at the higher education level, of which 60 credits should be in Occupational therapy, including two 15 credits thesis courses in Occupational therapy. Requirements to complete the programme are (1) completing the requirements for the Master ofScience (120 credits) with a major in Occupational therapy and (2) completing all courses that are listed as mandatory courses in the Contents section, or their equivalent.

Degree certificate

The degree certificate will be issued after formal application from student after completion of education, provided that the examination results are registered in the study documentation system.

Other Information

Grade

In accordance with Jönköping University's regulations, the course syllabus shall specify which grades are used. Grades shall be determined by one of the teachers specifically appointed by the university (the examiner). Grades are awarded according to a target-related 7-point scale: A, B, C, D, E, FX, F. The School of Health and Welfare can make use of an alternative grading system, which is decided by the Dean. In such a case, this will be indicated in the course syllabus.

Teaching and examination

For each course in the education there is a special syllabus which is a legally binding document. The teaching and examination forms for the courses given within the program are shown in the syllabus. More detailed regulations and information about examination and grading can be found in the Regulations and guidelines for first, second and third cycle education at Jönköping University,in the respective syllabus and on

respective learning platform.

Equal conditions at Jönköping University
As an education provider, Jönköping University wants to offer an inclusive study environment where all students are treated in an objective and professional manner, where everyone is given equal opportunities. Jönköping University accepts under no circumstances that discrimination, harassment, sexual harassment and offensive differential treatment occur.

Disciplinary and Expulsion Committee at Jönköping University
Students are obliged to follow the regulations governing the activities at Jönköping University. The Disciplinary and Expulsion Committee at Jönköping University can decide on disciplinary measures.

Credit Transfer
A student that has passed component parts of a university programme at another Swedish or foreign university, or who has acquired the equivalent knowledge and skills in another way, can following evaluation – receive credits for this within the framework of their studies at the School of Health and Welfare. The application for credit is applied for by the student on a special form according to the instructions on the form. The application must be received no later than five weeks before the start of the course in order to be processed in good time before the start of the course. For students who are new to Jönköping University and who want to take credit for courses close to the start of the course, the application for this must be made as soon as possible after registration.

Approved leave from studies
Study breaks can only be applied for and granted from educational programs, not from courses. A study break can only be granted after the student has completed at least one course with a passing grade, otherwise the student is directed to apply to the program again. Study breaks are requested by the student on a special form and can only be granted due to illness, parental leave, military service or another special reason. A student who has been granted a study break must notify the study counselor of re-entry no later than 15/10 before the spring semester and 15/4 before the fall semester.

Withwrawal from studies
The student is recommended to contact the study advisor before interrupting studies. Cancellation of studies from a program or course is entered by the student
according to the instructions.

Exemption
When a student does not meet established eligibility requirements before the start of the semester and/or course, exemption is only granted in cases where Jönköping University has caused the student to be unable to complete their studies according to the education plan.