

COURSE SYLLABUS

Theories of Health and Care Sciences - a Transdisciplinary Approach, 7.5 credits

Teoretisk fördjupning inom hälsa och vårdvetenskap från ett tvärvetenskapligt perspektiv, 7.5 högskolepoäng

Course Code: FH3TFIH

Education Cycle: Third-cycle level

Confirmed: Sep 17, 2025

Valid From: Jan 19, 2026

Intended Learning Outcomes (ILO)

After completion of course the student is expected to have below skills and knowledge:

Knowledge and understanding

- describe and explain concepts, theories and frameworks used within health and care sciences.
- describe and explain how health is influenced by personal and contextual factors.

Skills and abilities

- critically reflect on and apply the definition/s of health in relation to research.
- critically reflect on and apply relevant concepts and theories within the field of health and care sciences to research.
- critically evaluate and assess research results from studies related to theories and frameworks within health and care sciences.

Judgement and approach

- critically evaluate possibilities and limitations of different theoretical standpoints in the study of health and care sciences.
- argue for advantages and disadvantages of transdisciplinary research perspectives.
- critically reflect on practical implications of research on health and care.

Content

- definitions of health, care and global health goals.
- health and care theories.
- social structures and inequalities in health and care.
- transdisciplinary research and its application for the study of health and care.

Type of instruction

The course is implemented through lectures and seminars.

Language of instruction is in English.

Entry requirements

The applicant must be admitted to a third-cycle programme

Examination and grades

The course is graded Pass (G) or Fail (U).

Examination of the course will be based upon written assignment, seminars and a written examination.

Registration of examination:

Name of the Test	Value	Grading
Written assignment	2 credits	G/U
Seminars	2.5 credits	G/U
Written examination	3 credits	G/U

Other information

Selection for admission:

1. Students registered in a third-cycle programme at Jönköping University.
2. Students registered in a third-cycle programme at another university.

Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Articles and book chapters corresponding to about 500 pages.