

COURSE SYLLABUS

Psychiatric Nursing, 7.5 credits

Psykiatrisk omvårdnad, 7.5 högskolepoäng

Course Code:	H1POLR	Education Cycle:	First-cycle level
Confirmed:	Feb 27, 2026	Disciplinary domain:	Health care
Valid From:	Jan 25, 2027	Subject group:	Nursing Science
		Specialised in:	G2F First cycle, has at least 60 credits in first-cycle course/s as entry requirements
		Main field of study:	Nursing

Intended Learning Outcomes (ILO)

On completion of the course the student will be able to:

Knowledge and understanding

- describe pathophysiology, symptoms, diagnostics, of common psychiatric health conditions
- describe psychiatric treatment, including medical treatment and side effects
- describe nursing in cases of psychiatric health conditions.

Skills and abilities

- identify nursing needs in cases of psychiatric health conditions considering the perspectives of patients and those close to them
- discuss the consequences of co-produced nursing in relation to psychiatric health conditions
- demonstrate such professional proficiency that no person's health or safety is prejudiced
- identify ethical dilemmas that can arise in nursing in connection with psychiatric health conditions.

Judgement and approach

- reflect on how one's own approach and care environments affect meetings with patients and those close to them
- reflect on stigmatization in relation to psychiatric health conditions.

Content

- addiction
- anxiety disorder
- bipolar disorder
- depression
- eating disorder
- neuropsychiatric disorders
- psychosis
- self-injury
- stigmatization
- substance use disorders
- suicide
- theories, models and concepts in psychiatric care

Type of instruction

The course is implemented through student active learning. The forms of teaching that occur are lectures, seminars, assignment, simulation and clinical placements.

Clinical education includes clinical placement, simulation, written assignment, and seminars and provides 6 credits of the course total of 7,5 credits.

Language of instruction is English.

Entry requirements

General entry requirements and passed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, taken courses within semester 3 in the nursing programme or equivalent.

Examination and grades

The course is graded Pass with distinction (VG), Pass (G) or Fail (U).

Examination will be based upon individual written examination, seminars, written assignment, simulation, and clinical placement.

An offered placement for clinical placement is counted as a used opportunity for this examination and is graded Fail/Pass regardless of the student's participation unless special reasons exist. An interrupted clinical placement is also counted as a used opportunity unless there are special reasons. The number of examination occasions for clinical placements is limited (see the section on limitations on the number of opportunities for clinical placements).

In the event of a failing grade on the clinical placement, the student is directed to complete this clinical placement the next time the course is offered within the regular course offering.

Registration of examination:

Name of the Test	Value	Grading
Written examination ¹	1.5 credits	VG/G/U
Seminars	1 credit	G/U
Written assignment	0.5 credits	G/U
Simulation	1 credit	G/U
Clinical placement	3.5 credits	G/U

¹Determines the final grade of the course, which is issued only when all course units have been passed.

Other information

Temporary interruption of a course

The School of Health and Welfare may suspend a student's participation in clinical training or other practical activities during the course if a student demonstrates gross unfitness/ incompetence when applying skills. A student whose work-based training or other practical activities have been canceled due to gross inadequacy/incompetence may not continue study before the course director or examiner has verified and approved that the student has the knowledge and skills required. In connection with a decision on suspension, the decision will specify the grounds on which the suspension is based. After the decision, an individual plan will be established for the student where knowledge and skills gaps are specified, the degree of support the student is entitled to, and the terms and date(s) for examination(s).

Limitations on the number of occasions for placement

Interruption of placement or other clinical/practical activities due to gross unfitness/ incompetence when applying skills is considered a missed occasion. Students who have failed three placements in the same course must discontinue their studies in the program in question. A student who has failed three times on their placement will be offered counselling with a student counsellor.

Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

osbre, C,D. (Red). (2022). *Varcarolis'*.Elsevier

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health* . Sage.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added