

COURSE SYLLABUS

An Occupational Perspective of Health I, 7.5 credits

An Occupational Perspective of Health I, 7.5 högskolepoäng

Course Code: HA1R22	Education Cycle: Second-cycle level
Confirmed: Jun 28, 2022	Disciplinary domain: Health care
Valid From: Aug 31, 2026	Subject group: Therapy, Rehabilitation and Dietary Treatment
	Specialised in: A1N Second cycle, has only first-cycle course/s as entry requirements
	Main field of study: Occupational Therapy

Intended Learning Outcomes (ILO)

On completion of the course the student will be able to:

Knowledge and understanding

- analyse how environmental factors affect occupations and health
- analyse how gender affects health and engagement in different occupations
- analyse how human activity affect sustainable health locally as well as globally.

Skills and abilities

- independently identify and formulate questions related to the importance of occupations for maintaining, promoting and restoring health
- independently analyse and systematise own knowledge, theoretical starting points and relevant research findings about the importance of occupations for maintaining, promoting and restoring health
- contribute with sound arguments and comments in discussions related to the importance of occupations for maintaining, promoting and restoring health
- independently show clarity and logic in disposition and linguistic stringency in written documentation.

Judgement and approach

- critically review and evaluate own achievements related to intended learning outcomes and formulate questions related to the importance of occupations for maintaining, promoting and restoring health.

Content

- occupational theories
- gender perspective
- environmental factors
- sustainable health and sustainable development

Type of instruction

The course is web-based with discussion and seminars through the web-based platform.

Language of instruction is English.

Entry requirements

A Degree of Bachelor of Science in Occupational Therapy and at least 90 credits in Occupational Therapy.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination of the course consists of participation in seminars, written assignments and critical reviews of a fellow student's assignment, as well as an individually written reflection assignment.

The course examiner is senior university lecturer.

Registration of examination:

Name of the Test	Value	Grading
Examination	7.5 credits	A/B/C/D/E/FX/F

Other information

Attendance requirements

Mandatory attendance of course introduction and seminars using the online web-based platform.

Microphone headset to be used in seminars online.

Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Christiansen, C. & Townsend, E. (2013). *Introduction to Occupation*. Pearson New International Edition.

Cole, M.B. & Creek, J. (Red.). (2016). *Global perspectives in professional reasoning*. Slack.

Heise, L., Greene, M. E., Opper, N., Stavropoulou, M., Harper, C., Nascimento, M., & Gupta, G. R. (2019). Gender inequality and restrictive gender norms: framing the challenges to health. *The Lancet*, 393(10189), 2440-2454.

Pollard, N. (Red.). (2008). *A political practice of occupational therapy*. Churchill Livingstone.

Swedish Secretariat for Gender Research. (2021). *Gender and Sustainability: An International Research Review (Kajsa Widegren & Jimmy Sand)*. www.gu.se/sites/default/files/2021-10/GENDERACTION_Research-Review-SDGs.pdf

Townsend, E.A., & Polatajko, H.J. (2013). *Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation*. Canadian Association of Occupational Therapists.

Weber, A. M., Cislighi, B., Meausoone, V., Abdalla, S., Mejía-Guevara, I., Loftus, P., & Gupta, G. R. (2019). Gender norms and health: insights from global survey data. *The Lancet*, 393(10189), 2455-2468.

Wilcock, A., & Hocking, C. (2015). *An occupational perspective of health*. Slack.

Whiteford G. E., & Hocking C. (2012). *Occupational Science. Society, Inclusion, Participation*. Maiden: Wiley-Blackwell.

World Federation Occupational Therapy. (2018). *Sustainability Matters: Guiding Principles for Sustainability in Occupational Therapy Practice, Education and Scholarship*. www.wfot.org/ResourceCentre.aspx

Additional literature will be chosen in consultation with lecturer.

The most recent editions of the course literature should be used.