

## COURSE SYLLABUS

### **Palliative Nursing, 4.5 credits**

*Palliativ omvårdnad, 4.5 högskolepoäng*

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Course Code: H1POEB	Education Cycle: First-cycle level
Confirmed: Feb 27, 2026	Disciplinary domain: Health care
Valid From: Jan 25, 2027	Subject group: Nursing Science
	Specialised in: G2F First cycle, has at least 60 credits in first-cycle course/s as entry requirements
	Main field of study: Nursing

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### **Intended Learning Outcomes (ILO)**

On completion of the course the student will be able to:

#### **Knowledge and understanding**

- describe palliative nursing and the philosophy of palliative care
- describe the care of adult patients and those close to them in the event of death
- identify existential, social and cultural dimensions in palliative care.

#### **Skills and abilities**

- execute difficult conversations with adult patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing
- perform palliative nursing when caring for adult dying patients.

#### **Judgement and approach**

- reflect on palliative care needs, with a person-centered perspective, regarding adult patients and those close to them
- reflect on culture, ethics and human rights in co-produced palliative nursing.

#### **Content**

- acts and legislation in relation to palliative care
- care in the event of death
- communication in palliative care
- existential, spiritual and cultural dimensions
- patient and relative perspectives
- symptoms, signs and symptom alleviation
- teamwork in palliative care
- the philosophy of palliative care
- treatment methods

#### **Type of instruction**

The course is implemented through lectures, seminars, study assignments and simulation.

#### **Entry requirements**

General entry requirements and passed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, taken courses within semester 3 in the nursing programme or equivalent.

## Examination and grades

The course is graded Pass with distinction (VG), Pass (G) or Fail (U).

Examination will be based upon individual written examination, seminars and simulation.

Registration of examination:

Name of the Test	Value	Grading
Written examination <sup>1</sup>	2.5 credits	VG/G/U
Seminars	1 credit	G/U
Simulation	1 credit	G/U

<sup>1</sup>Determines the final grade of the course, which is issued only when all course units have been passed.

## Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Walshe, C., Preston, N., & Johnston, B. (Ed.). (2018). *Palliativecare nursing: Principles and evidence for practice*. Open University Press.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.