

COURSE SYLLABUS

Gerontological Nursing, 9 credits

Gerontologisk omvårdnad, 9 högskolepoäng

Course Code:	H1GOXP	Education Cycle:	First-cycle level
Confirmed:	Feb 27, 2026	Disciplinary domain:	Health care
Valid From:	Jan 25, 2027	Subject group:	Nursing Science
		Specialised in:	G2F First cycle, has at least 60 credits in first-cycle course/s as entry requirements
		Main field of study:	Nursing

Intended Learning Outcomes (ILO)

On completion of the course the student will be able to:

Knowledge and understanding

- differentiate normal aging from age-related diseases
- explain symptoms and signs, pathophysiology, diagnostics, treatment, and nursing for older persons with different care needs
- explain how multiple chronic illnesses and frailty affect older persons and their relatives
- describe geriatric medical treatments and polypharmacy.

Skills and abilities

- identify, initiate, implement, and evaluate health-promoting and preventing interventions for frail older persons through team collaboration
- administer medicines, evaluate, report and keep records of the effects and side effects in accordance with applicable legislation under supervision
- identify the needs of support for frail older persons and their relatives in different care contexts
- demonstrate an ethical approach, in communicating with older persons and their relatives in a changing life situation, with a focus on person-centered care
- demonstrate such professional proficiency that no person's health or safety is prejudiced.

Judgement and approach

- reflect on how personal and societal values on older persons can influence nursing care and reflect on ethical dilemmas that may arise
- justify an evidence-based person-centered approach, in nursing care for frail and multi-ill older persons.

Content

- acts and other legislations
- biological, psychological and social ageing
- comorbidity
- common physical and mental cognitive health conditions (cognitive impairment/dementia included)
- documentation, assessment tools and quality registers
- ethics and ethical dilemmas
- frailty
- gerontological and geriatric nursing
- gerontology and the ageing process
- medical treatment
- multiple illnesses

- polypharmacy
- relatives
- the nursing process
- threats, violence and abuse in close relationships

Type of instruction

The course is implemented through student active learning. The forms of teaching that occur are lectures, seminars, study assignments, simulation and clinical placement.

Clinical education includes clinical placement, seminars, and simulation and provides 7,5 credits of the course's total of 9 credits.

Entry requirements

General entry requirements and passed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, taken courses within semester 3 in the nursing programme or equivalent.

Examination and grades

The course is graded Pass with distinction (VG), Pass (G) or Fail (U).

Examination will be based upon written individual examination, seminars, simulation and clinical placement.

An offered placement for clinical placement is counted as a used opportunity for this examination and is graded Fail/Pass regardless of the student's participation unless special reasons exist. An interrupted clinical placement is also counted as a used opportunity unless there are special reasons. The number of examination occasions for clinical placements is limited (see the section on limitations on the number of opportunities for clinical placements).

In the event of a failing grade on the clinical placement, the student is directed to complete this clinical placement the next time the course is offered within the regular course offering.

Registration of examination:

Name of the Test	Value	Grading
Written examination	1.5 credits	VG/G/U
Seminars	1 credit	G/U
Simulation	0.5 credits	G/U
Clinical placement	6 credits	G/U

Other information

Temporary interruption of a course

The School of Health and Welfare may suspend a student's participation in clinical training or other practical activities during the course if a student demonstrates gross unfitness

incompetence when applying skills. A student whose work-based training or other practical activities have been canceled due to gross inadequacy/incompetence may not continue study before the course director or examiner has verified and approved that the student has the knowledge and skills required. In connection with a decision on suspension, the decision will specify the grounds on which the suspension is based. After the decision, an individual plan will be established for the student where knowledge and skills gaps are specified, the degree of support the student is entitled to, and the terms and date(s) for examination(s).

Limitations on the number of occasions for placement

Interruption of placement or other clinical/practical activities due to gross unfitness/ incompetence when applying skills is considered a missed occasion. Students who have failed three placements in the same course must discontinue their studies in the program in question. A student who has failed three times on their placement will be offered counselling with a student counsellor.

Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Eliopoulos, C. (2021). *Gerontologicalnursing*. (10th ed.). Wolters Kluwer Health.

The latest edition of the course literature shall be used. Scientific articles and other study materials will be added.