

COURSE SYLLABUS

Palliative Nursing, 4.5 credits

Palliativ omvårdnad, 4.5 högskolepoäng

Course Code: H1POEI	Education Cycle: First-cycle level
Confirmed: Mar 18, 2025	Disciplinary domain: Health care
Valid From: Jan 19, 2026	Subject group: Nursing Science
	Specialised in: G2F First cycle, has at least 60 credits in first-cycle course/s as entry requirements
	Main field of study: Nursing

Knowledge and understanding

- describe palliative nursing and the philosophy of palliative care
- describe the care of adult patients and those close to them in the event of death
- identify existential, social and cultural dimensions in palliative care.

Skills and abilities

- execute difficult conversations with adult patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing
- perform palliative nursing when caring for adult dying patients.

Judgment and approach

- reflect on palliative care needs, with a person-centered perspective, regarding adult patients and those close to them
- reflect on culture, ethics and human rights in co-produced palliative nursing.

Content

- acts and legislation in relation to palliative care
- care in the event of death
- communication in palliative care
- existential, spiritual and cultural dimensions
- patient and relative perspectives
- symptoms, signs and symptom alleviation
- teamwork in palliative care
- the philosophy of palliative care
- treatment methods

Type of instruction

The course is implemented through lectures, seminars, study assignments and simulation.

Language of instruction is in English.

Entry requirements

General entry requirements and passed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, taken courses within semester 3 in the nursing programme or equivalent.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon individual written examination, seminars and simulation.

Registration of examination:

Name of the Test	Value	Grading
Written examination ¹	2.5 credits	A/B/C/D/E/FX/F
Seminars	1 credit	G/U
Simulation	1 credit	G/U

¹Determines the final grade of the course, which is issued only when all course units have been passed.

Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Walshe, C., Preston, N., & Johnston, B. (Ed.). (2018). *Palliative care nursing: Principles and evidence for practice*. Open University Press.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.