

COURSE SYLLABUS

Health and Welfare in a Changing Society, 4.5 credits

Hälsa och välfärd i ett föränderligt samhälle, 4.5 högskolepoäng

Course Code:	HHFN13	Education Cycle:	First-cycle level
Confirmed:	Mar 04, 2025	Disciplinary domain:	Health care
Valid From:	Aug 25, 2025	Subject group:	Nursing Science
		Specialised in:	G2F First cycle, has at least 60 credits in first-cycle course/s as entry requirements
		Main field of study:	Nursing

Intended Learning Outcomes (ILO)

On completion of the course the student will be able to:

Knowledge and understanding

- explain perspectives of health and determinants of health from individual, group, and societal perspectives at national and global levels
- explain basic concepts and definitions in health economics
- describe the impact of environment and lifestyle on health, from a life course perspective.

Skills and abilities

- apply theories and concepts relevant to health-promotion in nursing
- relate national goals of public health to global sustainable development goals
- apply basic epidemiological concepts.

Judgment and approach

- reflect on how environmental resources, obstacles and risks can impact on human health
- reflect on how individual and societal attitudes, values and approaches affect health prospects.

Content

- determinants of health
- epidemiology
- global health
- health concepts
- perspectives of health
- health economics
- intersectional perspectives of health
- migration
- public health – goals, theories, concepts, and definitions
- societal perspectives
- violence in intimate relationships

Type of instruction

The course is implemented through lectures, seminars and study assignments.

Language of instruction is in English.

Entry requirements

General entry requirements and passed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, taken courses within semester 3 in the nursing programme or equivalent.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and written assignment.

Registration of examination:

Name of the Test	Value	Grading
Written examination	2 credits	A/B/C/D/E/FX/F
Seminars	1 credit	G/U
Written assignment	1.5 credits	G/U

Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Woodall, J. & Cross, R. (2022). *Essentials of health promotion*. Sage.

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. Sage.

The latest edition of the course literature should be used.

Scientific articles and other study materials will be added.