

COURSE SYLLABUS

Psychology, basic course, 7.5 credits

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Course Code: HPBG19	Education Cycle: First-cycle level
Confirmed: Apr 09, 2024	Disciplinary domain: Health care
Valid From: Aug 31, 2026	Subject group: Psychology
	Specialised in: G1N First cycle, has only upper-secondary level entry requirements
	Main field of study: Psychology

Intended Learning Outcomes (ILO)

On completion of the course the student will be able to:

Knowledge and understanding

- describe human behaviour from a biopsychosocial perspective
- account for neurological structures of importance to human behaviour
- account for normal human psychological development and personality theories
- account for cognitive psychological theories and concepts
- account for social psychological theories and concepts
- account for the importance of motivation for human behaviour
- explain the relationships between psychological factors and health, illness and well-being
- account for crisis reactions and the importance of treatment for people in crisis.

Skills and abilities

- apply knowledge of health psychology and crisis to situations within your profession.

Content

- neuropsychology
- personality psychology
- developmental psychology
- cognitive psychology
- social psychology
- health psychology
- perception psychology
- motivation psychology
- emotion psychology
- crisis psychology

Type of instruction

The course is conducted through lectures, group discussions and seminars.

Language of instruction is English.

Entry requirements

General entry requirements.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

The examination will be based on one individual examination and written assignments.

University lecturer serves as the course examiner.

Registration of examination:

Name of the Test	Value	Grading
Individual written examination	5 credits	A/B/C/D/E/FX/F
Written assignments	2.5 credits	G/U

Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Holt, N., Bremner, A., Sutherland, E., Vliek, M., Passer, M., & Smith, R. (2024). *Psychology. The science of mind and behaviour*. McGraw-Hill.

Additionally, approximately 100 pages course literature will be added according to course coordinators' instructions.

Latest edition of the course literature shall be used.