

COURSE SYLLABUS

Health and Health Problems in Children and Families, 4.5 credits

Hälsa och hälsoproblem hos barn och familj, 4.5 högskolepoäng

Course Code: H1HOHM	Education Cycle: First-cycle level
Confirmed: Feb 27, 2026	Disciplinary domain: Health care
Valid From: Jan 25, 2027	Subject group: Nursing Science
	Specialised in: G2F First cycle, has at least 60 credits in first-cycle course/s as entry requirements
	Main field of study: Nursing

Intended Learning Outcomes (ILO)

On completion of the course the student will be able to:

Knowledge and understanding

- describe children's biopsychosocial development
- describe health and failing health in children and its impact on families
- describe children's need of nursing in failing health in relation to co-production nursing in children and families.

Skills and abilities

- apply a caring approach for children and families with the aim to support and strengthen health and alleviate suffering
- identify signs that indicate that children are at risk of harm
- demonstrate communicative skills when talking with children and families.

Judgement and approach

- reflect on own values and approaches as well as on care environments in meetings with children and families
- reflect on children's and families' prospects for health in a global perspective.

Content

- children's development
- children's perspectives and children's rights
- family-centered nursing
- global perspective of family health
- health, ill health, variations in ability and nursing problems in children and adolescents in connection with nursing and treatment, communicating with and preparing children

Type of instruction

The course is implemented through lectures, study assignments and seminars.

Entry requirements

General entry requirements and passed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, taken courses within semester 3 in the nursing programme or equivalent.

Examination and grades

The course is graded Pass with distinction (VG), Pass (G) or Fail (U).

Examination will be based upon individual written examination, seminars and written assignment.

Registration of examination:

Name of the Test	Value	Grading
Written examination	2 credits	VG/G/U
Seminars	2 credits	G/U
Written assignment	0.5 credits	G/U

Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. Sage.

Price, J., & McAlinden, O. (Ed.). (2024). *Essentials of Nursing Children and Young People*. Sage.

United Nations (1989). *Convention on the Rights of the Child*. <http://www.unicef.org>

The latest edition of the course literature should be used. Scientific articles and other study materials will be added