

## COURSE SYLLABUS

### Health and Health Problems in Children and Families, 4.5 credits

*Hälsa och hälsoproblem hos barn och familj, 4.5 högskolepoäng*

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Course Code:	H1HOHH	Education Cycle:	First-cycle level
Confirmed:	Mar 04, 2025	Disciplinary domain:	Health care
Valid From:	Aug 25, 2025	Subject group:	Nursing Science
		Specialised in:	G2F First cycle, has at least 60 credits in first-cycle course/s as entry requirements
		Main field of study:	Nursing

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### Intended Learning Outcomes (ILO)

On completion of the course the student will be able to:

#### Knowledge and understanding

- describe children's biopsychosocial development
- describe health and failing health in children and its impact on families
- describe children's need of nursing in failing health in relation to co-production nursing in children and families.

#### Skills and abilities

- apply a caring approach for children and families with the aim to support and strengthen health and alleviate suffering
- identify signs that indicate that children are at risk of harm
- demonstrate communicative skills when talking with children and families.

#### Judgment and approach

- reflect on own values and approaches as well as on care environments in meetings with children and families
- reflect on children's and families' prospects for health in a global perspective.

#### Content

- children's development
- children's perspectives and children's rights
- family-centered nursing
- global perspective of family health
- health, ill health, variations in ability and nursing problems in children and adolescents in connection with nursing and treatment, communicating with and preparing children

#### Type of instruction

The course is implemented through lectures, study assignments and seminars.

Language of instruction is in English.

## Entry requirements

General entry requirements and passed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, taken courses within semester 3 in the nursing programme or equivalent.

## Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon individual written examination, seminars and written assignment.

Registration of examination:

Name of the Test	Value	Grading
Written examination	2 credits	A/B/C/D/E/FX/F
Seminars	2 credits	G/U
Written assignment	0.5 credits	G/U

## Course literature

Please note that changes may be made to the reading list up until eight weeks before the start of the course.

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. Sage.

Price, J., & McAlinden, O. (Ed.). (2024). *Essentials of Nursing Children and Young People*. Sage.

United Nations (1989). *Convention on the Rights of the Child*. <http://www.unicef.org>

The latest edition of the course literature should be used.

Scientific articles and other study materials will be added