



COURSE SYLLABUS

Health and Welfare in a Changing Society, 4.5 credits

Hälsa och välfärd i ett föränderligt samhälle, 4,5 högskolepoäng

Course Code: HHFN13	Education Cycle: First-cycle level
Confirmed by: Utbildningsrådet Oct 11, 2022	Disciplinary domain: Health sciences
Valid From: Jan 23, 2023	Subject group: OM1
Version: 1	Specialised in: G2F
Reg number: Avdelningen för omvårdnad	Main field of study: Nursing

Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

Knowledge and understanding

- explain perspectives of health and determinants of health from individual, group, and societal perspectives at national and global levels
- explain basic concepts and definitions in health economics
- describe the impact of environment and lifestyle on health, from a life course perspective.

Skills and abilities

- argue how environmental resources, obstacles and risks impact human health
- apply theories and concepts relevant to health-promotion in nursing
- relate national goals of public health to global sustainable development goals
- apply basic epidemiological concepts.

Judgement and approach

- reflect on how individual and societal attitudes, values and approaches affect prospects for health.

Contents

- Public health – goals, theories, concepts, and definitions
- Health concepts and perspectives of health
- Epidemiology
- Societal perspectives
- Health economics
- Determinants of health
- Intersectional perspectives of health
- Migration
- Violence in intimate relationships
- Global health

Type of instruction

The course is implemented through lectures, seminars and study assignments.

The teaching is conducted in English.

Prerequisites

General entry requirements and completed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, completed courses within semester 3 in the nursing programme or equivalent.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and written assignments.

A university lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Written individual examination	2 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Written assignments	1.5 credits	U/G

Course literature

Woodall, J. & Cross, R. (2022). *Essentials of health promotion*. Sage.

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. Sage.

The latest edition of the course literature should be used.

Scientific articles and other study materials will be added.