



COURSE SYLLABUS

Palliative Nursing Care, 4.5 credits

Palliativ omvårdnad, 4,5 högskolepoäng

Course Code: HPON13	Education Cycle: First-cycle level
Confirmed by: Utbildningsrådet Sep 29, 2022	Disciplinary domain: Health sciences
Revised by: Department head Jun 3, 2024	Subject group: OM1
Valid From: Autumn 2024	Specialised in: G2F
Version: 2	Main field of study: Nursing

Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

Knowledge and understanding

- give details of palliative nursing and the philosophy of palliative care
- give details of the care of adult patients and those close to them in the event of death
- demonstrate an understanding of existential, social and cultural dimensions of the grieving process.

Skills and abilities

- show ability to perform difficult conversations with adult patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing.

Judgement and approach

- reflect, with a person-centered perspective, regarding adult patients and those close to them
- reflect on culture, ethics and human rights in co-produced, palliative nursing
- reflect on and analyze own thoughts at the approach of death and problems of separating own and others` needs in the nursing of adult dying patients.

Contents

- palliative nursing
 - patient, close relative/friend and professional perspectives
 - symptoms and symptom alleviation
 - complementary treatment methods
- the philosophy and core values of palliative care
 - the grieving process
 - existential, spiritual and cultural dimensions
 - the difficult conversations (transition to palliative care included therein)
- care in the event of death
- acts and other legislation

Type of instruction

The course is implemented through lectures, seminars, study assignments and practical application at a clinical training center (CTC).

The teaching is conducted in English.

Prerequisites

General entry requirements and completed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, completed courses within semester 3 in the nursing programme or equivalent.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and practical application.

A university senior lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Individual written examination	2.5 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Practical application	1 credit	U/G

Other information

Clinical Placement-integrated learning (VIL) provides 1 of the course's total of 4.5 credits.

Course literature

Walshe, C., Preston, N., & Johnston, B. (Ed.). (2018). *Palliative care nursing: Principles and evidence for practice*. Open University Press.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.