



COURSE SYLLABUS

Pathway Life and Studies 1, 2.5 credits

Pathway Life and Studies 1, 2,5 högskolepoäng

Course Code:	PL1G12	Education Cycle:	First-cycle level
Confirmed:	May 25, 2026	Disciplinary domain:	Social sciences
Valid From:	Aug 24, 2026	Subject group:	Social Studies
		Specialised in:	G1N First cycle, has only upper-secondary level entry requirements

Intended Learning Outcomes (ILO)

On completion of the course the student will be able to:

Knowledge and Understanding

1. Identify key characteristics of the host society, culture, and academic traditions relevant to international students.
2. Explain fundamental principles of intercultural communication.

Skills and Abilities

3. Apply intercultural communication strategies in academic and social contexts.
4. Collaborate effectively in intercultural teams and group work settings.
5. Demonstrate oral presentation skills in an academic context.

Judgement and Approach

6. Reflect on personal cultural adaptation and development of intercultural competence.
7. Evaluate group dynamics and collaborative processes critically.

Content

The Life and Studies 1 course enables international students to achieve successful integration into their host society and academic life. Students explore local culture, traditions, and academic expectations while developing intercultural communication competence. The course emphasizes practical application of collaborative skills through group work and peer learning, culminating in a group presentation.

Students engage in reflective learning to enhance their cultural adaptation and teamwork abilities. The horizontal aim is to develop and strengthen student skills for participating in higher education, lifelong learning, and global citizenship through group work, peer learning, reflective learning, and autonomous learning whilst developing agency, ability to reconcile tensions and dilemmas, intercultural communication skills, information literacy, and critical thinking.

Course content and objectives include:

- Host society, culture, and academic traditions
- Intercultural communication theory and practice
- Collaborative learning and group work skills
- Academic presentation skills
- Reflective practice and cultural adaptation
- Lectures, workshops, and seminars

Type of Instruction

Lectures, workshops, seminars, and group discussions. Group work culminates in a group presentation. The final grade of the course is issued only when all course components have been completed.

Language of instruction is English.

Entry Requirements

High School Diploma and English language skills corresponding to: IELTS 5.0 (no part below 4.5) or equivalent Internet based TOEFL test 61 written test 14 or equivalent

Examination and Grades

The course is graded Pass (G) or Fail (U).

The examination consists of:

- Group presentation (assesses collaboration, intercultural communication, and oral presentation skills)
- Seminar participation (assesses engagement with course content and peer learning)
- Individual written exam (assesses personal reflection on cultural adaptation and group work experience)

Registration of examination:

Name of the Test	Value	Grading
Group presentation ¹	1 credit	G/U
Seminar participation ²	1 credit	G/U
Individual written exam ³	0.5 credits	G/U

¹ ILO1, ILO2, ILO3, ILO4, ILO5

² ILO3, ILO4

³ ILO6, ILO7

Course Literature

Please note that the course literature may be revised up to eight weeks before the start of the course.

Articles, handouts and extra materials will be distributed by the class teacher.