



KURSPLAN

An Occupational Perspective of Health I, 7,5 högskolepoäng

An Occupational Perspective of Health I, 7.5 credits

Kurskod:	HA1R22	Utbildningsnivå:	Avancerad nivå
Fastställd av:	Utbildningsrådet 2011-12-05	Utbildningsområde:	Vård
Reviderad av:	Avdelningschef 2022-06-28	Ämnesgrupp:	TR1
Gäller fr.o.m.:	Hösten 2023	Fördjupning:	A1N
Version:	8	Huvudområde:	Arbetssterapi

Lärandemål

Upon completion of the course, the student should have the ability to:

Kunskap och förståelse

- analyse how environmental factors affect occupations and health
- analyse how gender affects health and engagement in different occupations
- analyse how human activity affect sustainable health locally as well as globally.

Färdighet och förmåga

- independently identify and formulate questions related to the importance of occupations for maintaining, promoting and restoring health
- independently analyse and systematise own knowledge, theoretical starting points and relevant research findings about the importance of occupations for maintaining, promoting and restoring health
- contribute with sound arguments and comments in discussions related to the importance of occupations for maintaining, promoting and restoring health
- independently show clarity and logic in disposition and linguistic stringency in written documentation.

Värderingsförmåga och förhållningsätt

- critically review and evaluate own achievements related to intended learning outcomes and formulate questions related to the importance of occupations for maintaining, promoting and restoring health.

Innehåll

- occupational theories
- gender perspective
- environmental factors
- sustainable health and sustainable development

Undervisningsformer

The course is web-based with discussion and seminars through the web-based platform.

Undervisningen bedrivs på engelska.

Förkunskapskrav

Grundläggande behörighet samt avslutade kurser om minst 90 hp inom arbetsterapi eller motsvarande.

Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination of the course consists of participation in seminars, written assignments and critical reviews of a fellow student's assignment, as well as an individually written reflection assignment. The course examiner is senior university lecturer.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Examination	7,5 hp	A/B/C/D/E/FX/F

Övrigt

Attendance requirements

Mandatory attendance of course introduction and seminars using the online web-based platform. Microphone headset to be used in seminars online.

Kurslitteratur

Christiansen, C. & Townsend, E. (2013). *Introduction to Occupation*. Pearson New International Edition.

Cole, M.B. & Creek, J. (Red.). (2016). *Global perspectives in professional reasoning*. Slack.

Heise, L., Greene, M. E., Opper, N., Stavropoulou, M., Harper, C., Nascimento, M., & Gupta, G. R. (2019). Gender inequality and restrictive gender norms: framing the challenges to health. *The Lancet*, 393(10189), 2440-2454.

Pollard, N. (Red.). (2008). *A political practice of occupational therapy*. Churchill Livingstone.

Swedish Secretariat for Gender Research. (2021). *Gender and Sustainability: An International Research Review (Kajsa Widegren & Jimmy Sand)*. http://www.gu.se/sites/default/files/2021-10/GENDERACTION_Research-Review-SDGs.pdf

Townsend, E.A., & Polatajko, H.J. (2013). *Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation*. Canadian Association of Occupational Therapists.

Weber, A. M., Cislighi, B., Meausoone, V., Abdalla, S., Mejía-Guevara, I., Loftus, P., & Gupta, G. R. (2019). Gender norms and health: insights from global survey data. *The Lancet*, 393(10189), 2455-2468.

Wilcock, A., & Hocking, C. (2015). *An occupational perspective of health*. Slack.

Whiteford G. E., & Hocking C. (2012). *Occupational Science. Society, Inclusion, Participation*. Maiden: Wiley-Blackwell.

World Federation Occupational Therapy. (2018). *Sustainability Matters: Guiding Principles for Sustainability in Occupational Therapy Practice, Education and Scholarship*.

<http://www.wfot.org/ResourceCentre.aspx>

Additional literature will be chosen in consultation with lecturer.

The most recent editions of the course literature should be used.